



**September 2025**



### **Hello Bernard Families**

It has been an exciting first couple of weeks at school. It has been great to see so many returning students as well as we have a number of new students attending our school this year. We are looking forward to a great year and working with all of you and your children.

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### **School Hours and Bell Schedule”**

**8:25- Welcoming Bell**

**8:30- Class in session**

**10:15- Staggered Recess (30 min)**

**12:15-1:00- LUNCH**

- 12:15-12:35- eating period
- 12:35-1:00- play period

**1:00- Class in session**

**2:28-Dismissal**

### **Dates to Remember**

**-Tuesday September 16<sup>th</sup> - PAC meeting @ 6:30 pm on ZOOM and in our Library**

**-Thursday September 18<sup>th</sup> - Meet-n- Greet - 5:00-6:30pm – Hot Dogs and Chips will be provided -free of charge.**

**-Monday September 22<sup>nd</sup> - Photo Day**

**-Friday September 26<sup>th</sup> - Orange Shirt Day**  
**-Popcorn Day @ Lunch**  
**- 1:05 pm- Terry Fox Assembly and Run**

**-Monday September 29<sup>th</sup> - Professional Development Day- school is not in session**

**-Tuesday September 30<sup>th</sup> – National Truth and Reconciliation Day- school is not in session**



**On September 26<sup>th</sup> Bernard will be participating in Orange Shirt Day.** It was created during the St. Joseph Mission Residential School Commemoration Project in Williams Lake, BC, in May 2013. As part of the project, former student, Phyllis (Jack) Webstad, told the story of her first day at residential school when her shiny new orange shirt, bought by her grandmother, was taken from her as a six-year-old girl, which prompted the realization that many survivors have similar stories. As a result, Orange Shirt Day is gaining visibility as an influential movement helping to educate our students and communities on the history of Canadian Residential Schools.

Our school will be doing a number of learning activities throughout this day to recognize the colonial legacy of residential schools, honour Indigenous survivors which is vital to the ongoing reconciliation process. Shane Henry from Kwaw-kwaw-a-pilt- First Nation will be drumming a song for us to start our day.

#### **Parent Advisory Council**

Every parent at our school belongs to the PAC ! We would like to invite all of you to the first PAC meeting of the year. It will be on Tuesday, September 16<sup>th</sup> @ 6:30. Our first meeting will be in our school library or if you prefer to attend on line we will send you a ZOOM link. Hope to see all on September 16<sup>th</sup> @ 6:30pm

#### **PAC EXECUTIVE 2025-2026**

Chair: Cassandra French  
Vice Chair: Kara Turcotte  
Treasurer: Shelby Aslin  
Secretary: Shelly Bunnah  
DPAC Rep: Amanda Connolly

**Cassandra French is inviting you to a scheduled Zoom meeting for PAC**  
<https://us05web.zoom.us/j/89807392815?pwd=nOb2mwvln5ckhr9ADuuexNHvwgJsZF.1>



**PICTURE DAY**  
**Monday September 22<sup>nd</sup>**



### **Meet-n-Greet- BBQ**

**Thursday September 18<sup>th</sup> from 5:00-6:30pm**

We look forward to seeing as many of you as possible. We will be serving hotdogs and there will be Halal and Veggie hotdogs as well.

It is a great time to meet Teachers, parents and the PAC

### **HOT LUNCH**

Our Hot Lunch program (**Munch-a-Lunch**). Please follow the link at <https://munchalunch.com/schools/BernardBC>

The link will allow parents to set up their own personal account. In the account they can add their children and credit card or debit information. From there they can order online. They can either choose to do 1 hot lunch at a time or fill out the whole session. The program will collect payments. There is a cutoff date of 1 week before the lunch is to be served. MunchaLunch will also send out reminders to parents.



Welcome back to Bernard Elementary for another exciting school year! Our library is ready to dive into a new year of reading adventures, and we're thrilled to share some important updates with you.

As we kick off the year, we want to remind all families of the importance of returning borrowed books on time.

Returning books promptly ensures that all students have access to a wide variety of reading materials. Please help your child keep track of their books and return them to the library so they can explore new titles.

Here's to a fantastic year filled with books, learning, and adventure!

— Mr. Frail  
Brien Frail ( Teacher -Librarian)

Sign up will be starting next week.



Cross country-

Race #1 @ Townsend Sept 25 - 3:30 start

Race #2 @ Fairfield Oct 2 – 3:30 start

Race #3 @ Sardis Sport Complex Oct 9 – 3:30 start

Soccer-

1. Games: **Boys on Tuesdays (4 games), Girls and co-ed on Wednesdays (5 games)**
2. Games begin: week of Sept 29 and continue for 5 weeks.