



## September 2022

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The staff at Bernard would like to take this opportunity to welcome everyone back to another school year, and a special welcome to all of our new families and new staff members. All of us are looking forward to an exciting year full of great learning opportunities and experiences. See you on the first day of school which is **Tuesday September 6<sup>th</sup> from 8:25-10:25**. Students will line up in the back field behind their grade number to start the day. **Go, Broncos, Go!**

### School Hours and Bell Schedule”

- 8:20- Warning Bell**
- 8:25- Class in session**
- 10:15- Staggered Recess (30 min)**
- 12:20-1:05- LUNCH- staggered lunch**
- 1:05- Class in session**
- 2:25- Dismissal**



### Meet-n-Greet- BBQ

**Thursday September 15<sup>th</sup> from 5:00-7:00.**

We look forward to seeing as many of you as possible. We will be serving hotdogs, chips, cookies, and water.

It is a great time to meet Teachers, parents and the PAC

## Terry Fox Run

In celebration of Terry's Marathon of Hope, our school will once again be participating in the Terry Fox run on September 23<sup>rd</sup>. Classes will be collecting donations from September 12<sup>th</sup> to the 23<sup>rd</sup> and donations can also be made online at: <https://terryfox.org/> Simply choose 'Donate Today' and then 'To a Student or School' and you can search Bernard Elementary in BC.

### Student Verification Forms

Please watch for your child(ren) to bring home a personal information verification sheet next week. Please update any information that has changed and send it back to school as soon as possible. We ask that you send one back for each child for tracking and accuracy.

## School Supplies



School supply lists were sent out via email at the end of June and also posted on our website. Please be sure to send your child's supplies with them on Thursday, September 8. Grades 2-5 have a small supply fee added to the reduced supply list, please be sure to give the fees to the your child's teacher by September 30<sup>th</sup>. Please do not send in the fee until the second week of school as we want it to go directly to the classroom teacher.

## Technology Acceptable Use Agreement

In June and next week (if you had not already completed one) you would have received an email to complete this form through Permission Click.

It is important for all of our students to have this form completed in order for them to:

- Log-in to a school computer
- Use Student Wi-Fi and access any online services such as Office 365, space by MyBlueprint, etc.
- Be included on School Messenger Lists

New registrations will have been completed during the registration process. This form needs to be completed every year. If you have any questions or concerns regarding this form please email [lianne\\_mccarthy@sd33.bc.ca](mailto:lianne_mccarthy@sd33.bc.ca)

## Family Accident Reimbursement Plan (FARP) Voluntary Insurance

The Chilliwack School District or Schools Protection Program (SPP) does not insure expenses for student injuries that happen on school grounds or during school activities. Parents/Guardians are responsible for these expenses. iA Financial Group offers a comprehensive accident insurance plan with a critical illness component designed for the whole family. The Family Accident Reimbursement Plan is ideal for supplementing costs not covered by your provincial health insurance or existing employer extended health and dental plans. Regardless of the size of your family, all eligible family members can be insured under one set monthly rate. To apply or to find out more, visit ([www.solutionsinsurance.com](http://www.solutionsinsurance.com))

### **PAC EXECUTIVE 2022-2023**

**Chair:** Jessica Fairweather

**Vice Chair:** Katie Crompton

**Treasurer:** Brittany Zurowski

**Secretary:** Shannon Clark

**DPAC Rep:** Beth Jones

Every parent at our school belongs to the PAC 😊! We would like to invite you to the first PAC meeting of the year.

We will be deciding on a date and time soon and will let everyone know.



**Our staff for the 2022-2023 school year includes:**

Mrs. Kanuho-Sam	Kindergarten
Mrs. Wouda/Mrs. Lamb	Kindergarten
Ms. Cavanagh	Kindergarten/Grade 1
Ms. Alton	Grade 1
Ms. Gelineau	Grade 1
Mrs. Hellinger	Grade 2
Ms. Crampton	Grade 2
Ms. Smith	Grade 2
Mrs. Vogt	Grade 3
Mrs. Trasolini/Mrs. Munro	Grade 3
Mt. Trainor	Grade 3/4
Mr. Brown	Grade 4
Mrs. Gross	Grade 4
Mrs. Cooper	Grade 5
Ms. Ruiten	Grade 5
Mrs. Ens	Teacher Librarian/Learning Assistance
Miss Snell	Learning Assistance/Resource Teacher
Mrs. Hooper	Learning Assistance/ PE Teacher
Mrs. Drouillard	PE Prep Teacher/ Gr 4 teacher (Friday)
Mrs. Hampton	Aboriginal Support
Ms. Graham	Child and Youth Care Worker and Noon-hour Supervisor
Mrs. Amos	School Counsellor
Mrs. Ropain	ELL/ESD Teacher
Mrs. Gordon	Speech and Language Pathologist
Mrs. McCarthy	Secretary
Mrs. Sommerville	Education Assistant
Mrs. Stevens	Education Assistant
Ms. Vance	Education Assistant
Mrs. Kaur	Education Assistant
Mrs. Hanlon	Education Assistant
Mrs. Benson	Education Assistant
Mrs. Teichgrab	Education Assistant
Mrs. Johnson	Education Assistant
Mrs. Walters	Strong Start teacher
Ms. Ganert	Custodian
Mrs. Thompson	Vice-Principal
Mr. Johnston	Principal




### Effective Behaviour Systems

At Bernard we use our **MATRIX** of behavior expectations to help teach our students on how to behave in all school situations and environments. When students are demonstrating these behaviours, staff will reinforce them through praise, encouragement and possibly a S.P.A.R.K ticket. We draw for SPARK tickets at the end of each week.

We are also helping teach students to take responsibility for solving their own problems and not becoming a victim. They are taught to use their words by using the acronym **S.T.A.R.S.** . This stands for

**S**- say stop, **T**- talk- ask again, **A**- always walk away **R**- respectably walk away- **S**-seek help if it continues

It is very important that students talk to their teacher or another staff member if they are having a problem that hasn't stopped and they need an adult to help.

	<b>S</b> afety	<b>P</b> ease	<b>A</b> wsome <b>A</b> ttitude	<b>R</b> espect	<b>K</b> indness
All Settings	<i>I can report problems and keep my hands and feet off others</i>	<i>I can maintain a peaceful atmosphere</i>	<i>I can always do my best</i>	<i>I can use appropriate language and accept individual differences</i>	<i>I can be kind to others and use good manners</i>
<b>Classroom/Library Computer Lab</b>	<ul style="list-style-type: none"> <li>I can use books, supplies, equipment properly</li> <li>I can clean up after myself</li> </ul>	<ul style="list-style-type: none"> <li>I can use an inside voice</li> <li>I can wait my turn</li> </ul>	<ul style="list-style-type: none"> <li>I can be on time</li> <li>I can be prepared to learn and complete work</li> <li>I can ask for help to learn</li> </ul>	<ul style="list-style-type: none"> <li>I can listen to and follow directions</li> <li>I can accept consequences for my choices</li> <li>I can keep my hands off other peoples belongings</li> </ul>	<ul style="list-style-type: none"> <li>I can enter and exit in an orderly manner</li> <li>I can return books on time</li> </ul>
<b>Playground/Outside</b>	<ul style="list-style-type: none"> <li>I can stay in supervised areas</li> <li>I can report unsafe behavior</li> </ul>	<ul style="list-style-type: none"> <li>I can play cooperatively</li> </ul>	<ul style="list-style-type: none"> <li>I can return all equipment</li> <li>I can demonstrate good sportsmanship</li> </ul>	<ul style="list-style-type: none"> <li>I can put garbage in the proper receptacles</li> <li>I can follow instructions of</li> </ul>	<ul style="list-style-type: none"> <li>I can share equipment</li> <li>I can include others</li> </ul>



	<ul style="list-style-type: none"> <li>I can use heads up and feet down on the equipment</li> </ul>			supervisory adults	
<b>Hallways</b>	<ul style="list-style-type: none"> <li>I can walk on the right</li> <li>I can be aware of others</li> </ul>	<ul style="list-style-type: none"> <li>I can walk quietly at all times</li> </ul>	<ul style="list-style-type: none"> <li>I can keep my hats and cap off</li> </ul>	<ul style="list-style-type: none"> <li>I can keep my hands off hallway displays</li> </ul>	<ul style="list-style-type: none"> <li>I can say excuse me if I bump into someone</li> </ul>
<b>Washrooms</b>	<ul style="list-style-type: none"> <li>I can wash my hands with soap</li> </ul>	<ul style="list-style-type: none"> <li>I can wait my turn</li> <li>I can reenter the classroom quietly</li> </ul>	<ul style="list-style-type: none"> <li>I can report problems to an adult</li> </ul>	<ul style="list-style-type: none"> <li>I can use equipment appropriately</li> <li>I can clean up after myself</li> </ul>	<ul style="list-style-type: none"> <li>I can allow for privacy of others</li> </ul>
<b>Gym</b>	<ul style="list-style-type: none"> <li>I can use equipment appropriately</li> <li>I can wear appropriate shoes/clothing</li> <li>I can be aware of others</li> </ul>	<ul style="list-style-type: none"> <li>I can use my inside voice</li> <li>I can wait my turn</li> </ul>	<ul style="list-style-type: none"> <li>I can return all equipment</li> <li>I can demonstrate good sportsmanship</li> </ul>	<ul style="list-style-type: none"> <li>I can listen to and follow directions</li> </ul>	<ul style="list-style-type: none"> <li>I can share equipment</li> <li>I can include others</li> </ul>
<b>Assembly</b>	<ul style="list-style-type: none"> <li>I can enter and exit gym in an orderly manner</li> </ul>	<ul style="list-style-type: none"> <li>I can use my silent voice during applause</li> </ul>	<ul style="list-style-type: none"> <li>I can sing O'Canada and the Bernard School song appropriately</li> <li>I can welcome guests</li> </ul>	<ul style="list-style-type: none"> <li>I can quiet down quickly</li> <li>I can listen attentively</li> <li>I can look at the speaker</li> </ul>	<ul style="list-style-type: none"> <li>I can applaud appropriately</li> <li>I can stay seated</li> </ul>
<b>Field Trips</b>	<ul style="list-style-type: none"> <li>I can remain in assigned groups</li> </ul>	<ul style="list-style-type: none"> <li>I can use quiet voice on bus</li> </ul>	<ul style="list-style-type: none"> <li>I can come with an attitude to learn</li> <li>I can bring permission slips in on time</li> </ul>	<ul style="list-style-type: none"> <li>I can listen to and follow directions</li> </ul>	<ul style="list-style-type: none"> <li>I can encourage others</li> <li>I can be patient</li> </ul>





